

LITERACY LIFESTYLE

Literacy Lifestyle is a resource for parents to engage in reading, writing, and language skills with their children. The lessons are quick and practical ways to work with your child on the components of literacy.

Literacy Lifestyle:

While we are reading, we can pause and think, what is it that the character is thinking? Sometimes when we read, we get so focused on what the characters are doing, we forget to pay attention to what they are thinking? In life, we also need to think about what people might be thinking as they experience things in life.

Lifestyle Goal:

- To engage your child in inferring what characters are thinking as they are reading a text.

Lifestyle Materials:

- Scraps of paper
- Art box*

markers
crayons
water colors
pens
pencils
scissors
glue

Art Box

WHAT ARE YOU THINKING?

Living the Lifestyle:

- Take a scrap piece of paper and draw several large thought bubbles
- Cut the thought bubbles out.
- As you read with your child, have them write what the character is thinking during different parts of the story.
- Talk with your child about how sometimes we act and talk according to how we feel or what we are thinking.
- Explain that sometimes, we cannot always say what we are thinking. Discuss situations where that would be the case.

Book Recommendation:

If you are looking for a book to read with your child, *The Secret Zoo* by Bryan Chick, tells the story of strange things happening at the city zoo. Appropriate for grades 3-5

